



JAGADAMBHA BAHUJDESHIYA GRAMIN VIKAS SANSTHA'S  
**JAGADAMBHA**  
COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL



Approved by A.I.C.T.E. & Government of Maharashtra, Affiliated to S.G.B. Amravati University, Amravati.

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**7.1.1 Annual Gender Sensitization Action Plan**

**(Session 2023-24)**

Sr. No.	Event	Date
1	Celebration of Breast Cancer Day	19/10/2023
2	Awareness on Women Safety Program	02/11/2023
3	Birth Anniversary of Savitribai Phule	03/01/2024
4	Awareness of Women Health-related Issues	15/02/2024
5	Celebration of Women Day	08/03/2024



*W. Z. Shinde*

Principal

Jagadamba College of Engineering &  
Technology, Arni Road, Kinhi, Yavatmal

A  
Report on

AWARENESS PROGRAM ON BREAST  
CANCER ON 19 OCTOBER 2023



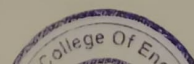
**JAGADAMBHA**  
COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL

Arni Road, Yavatmal - 445001 (M.S.)

Ph. 07232-244226, Fax : 07232- 244226, Cell : 98 5005 3333

E-mail : principal.jcoet@gmail.com, principal@jcoet.org

website : www.jcoet.org



## Report on Awareness Program on Breast Cancer for Lady Staff

1. Title of Activity	Awareness Program on Breast Cancer
2. Speaker	Dr. Kavita Borkar M.B.B.S., M.S., E.N.T.
3. Date of Activity	19th October 2023
4. Time	3.00 pm to 5.30 pm
5. Aim	Awareness about Breast Cancer.
6. Object of Activity	Women should be aware about Breast Cancer.
7. Venue	Civil Seminar Hall, JCOET, Yavatmal

### Objectives:-

- Create cancer awareness and remove the stigma and fear attached.
- Help people recognize the early signs and symptoms of cancer, thus enabling them to seek treatment at an early stage.
- Educate people about the key risk factors, since more than 30% of cancer cases could be prevented by modifying lifestyle or avoiding the risk factors.
- Inform people about the importance of regular screening and check-ups.
- Inform women about mammograms, clinical breast exam and breast self-exam.
- Inform women about Pap smear tests to check for signs of cervical cancer.

Jagadambha College of Engineering and technology Yavatmal, The Women Empowerment Cell of our Engineering College organised a cancer awareness programme recently. For the organization of this program the event coordinator Dr. M. B. Wasu had taken permission from the hon'ble Principal. With the authorities permission Dr. Wasu had taken the consent of Dr. Kavita Borkar and invited her to guide the ladies staff. The first I/C had formed the program committee and called the meeting of the committee members to explain the respective responsibilities of the staff for smooth conduction of program.

On the 19th October 2023, the program was inaugurated at the hands of Dr. Sneha Rathod

First year I/C- Prof. M. A. Khan and Dr. M. B. Wasu had introduced the guest. The principal Dr. V. L. Bhambere felicitated the guest by offering a shawl, shrifal, bouquet and memento. In the inaugural speech Dr. M. B. Wasu Faculty of the First Year Department had



emphasized the importance of this Program and advised ladies to identify their potential, think positively and to be confident about their capabilities.

The objective of the programme was to create awareness on cancer, in particular breast cancer, among ladies teaching staff and non teaching staff of the colleges. **Dr. Kavita Borkar** also explained the measures to be taken to protect themselves from the dreadful disease. **Dr. Kavita Borkar** also advised the women to be conservative, follow healthy food containing fibrous rich foods with Vitamin A, E and C, Beta carotenes and selenium supplements.



**Staff & Students Present during Program**



**Dr. Kavita Borkar guiding the staff & Students**



**Dr. Kavita Borkar explained and discussed following points with staff & Students:**

- **What is breast cancer**

Breast cancer is a group of diseases in which cells in breast tissue change and divide uncontrolled, typically resulting in a lump or mass. Most breast cancers begin in the lobules (milk glands).

- **What are the signs and symptoms of breast cancer**

Breast cancer typically has no symptoms when the tumor is small and most easily treated, which is why screening is important for early detection. The most common physical sign is a painless lump.

#### **How is breast cancer diagnosed**

Breast cancer is typically detected either during screening, before symptoms have developed, or after a woman notices a lump. Most masses seen on a mammogram and most breast lumps turn out to be benign (not cancerous).

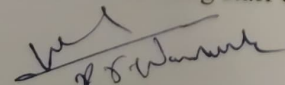
#### **Diet**

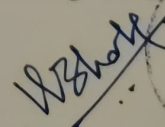
Numerous studies have examined the relationship between food consumption (including fat, fiber, soy, dairy, meat, and fruits and vegetables) and breast cancer with mixed results. A recent meta-analysis concluded there was no association between breast cancer and dietary fat consumption.

- **Breast self-awareness**

All women should become familiar with both the appearance and feel of their breasts and report any changes promptly to their physician. If a lump or other symptoms develop, women should contact a doctor immediately, even after a recent normal mammogram.

In the last session Dr. Kavita Borkar had explained the tricks of self-defense through video clips. At the end of the program Dr. Wasu had proposed the vote of thanks expressing gratefulness towards a chief guest that she could spend her valuable time among the ladies teaching staff and non teaching staff of JCOET.

  
**Program Coordinator**

  
**Principal**

**Principal**  
Jagadamba College of Engineering &  
Technology, Arni Road, Kinhi, Yavatmal



A  
Report on  
“Awareness on Women Safety Program”



**JAGADAMBHA**  
COLLEGE OF ENGINEERING & TECHNOLOGY, YAVATMAL

Arni Road, Yavatmal - 445001 (M.S.)

Ph. 07232-244226, Fax : 07232-244226, Cell : 98 5005 3333

E-mail : principal.jcoet@gmail.com, principal@jcoet.org

Website : www.jcoet.org



Jagadamba college of Engineering & Technology, Yavatmal



## Report on "Awareness on Women Safety Program" for Teaching, non-teaching staff and students.

1. Title of Activity	"Awareness on Women Safety Program".
2. Guest	Adv. Anand M. Parchure ,Adv.Devdatta J.Deshpande
3. Date of Activity	2 November 2023
4. Time	4.00 pm to 6.00 pm
5. Mode of Progrm	Offline
6. No. of Beneficiary	100

### Programme Detail :-

On date 2 November 2023, a program on "Awareness on Women Safety Program " was organized at Jagdamba College of Engineering and Technology, Yavatmal under ICC committee. The program started by offering wreaths to the photo of Maa Saraswati and lighting the lamp. The program was inaugurated by the principal Dr. Vijay Bhambere by his speech. Dr. V.L. Bhambere Sir gave his Speech wishing all the womens on "Womens Day".

Guest expert for the program was Adv. Anand M. Parchure ,Adv.Devdatta J.Deshpande guided his speech on "How to manage anger problem, how to take care of your body" and Dr. Kavita Karodev (Borkar) guided the students on "Imprtance of yoga, importance of exercise in everyone's life, diet"

This program was organized by the first year Department of Engineering under ICC committee . ICC committee incharge Prof.N.K.Choukade, Prof.D.B.Pohare, Prof.S.R.Raut, Prof.P.D.Thakare, Dr.M.B.Wasu, Prof.P.D.Nakhate and all teaching ,non-teaching staff and all first year to final year girls students were present for this program. Anchoring for the program was done by Asst. Prof. V. S.Giri and vote of thanks expressed by Dr.M.B.Wasu.



## Key points covered by the guest :-

- ❖ Right Against Workplace Harassment. ...
- ❖ Right Against Domestic Violence. ...
- ❖ National Commission for Women Act, 1990. ...
- ❖ Right Not To Be Arrested At Night. ...
- ❖ Tools for Self-Defense
- ❖ Ping Your Location
- ❖ Create Boundaries

## Outcomes of the activity :-

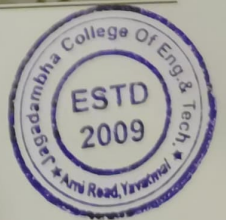
Participant's learnt about :

- Deeper understanding of the crimes against the women.
- Knowledgeable about their legal rights as women.
- Improved Self-Defense Skills.
- Motivation and Inspiration.
- Enhanced Empowerment.

### MOMENTS CAPTURED DURING SESSION









Photos of the Program

Program Coordinator  
Prof.N.K.Choukade

Principal  
Jagadamba College of Engineering & Technology, Ami Road, Kinhi, Yavatmal

Principal  
Jagadamba College of Engineering & Technology, Ami Road, Kinhi, Yavatmal



A  
Report on

CELEBRATION OF  
BIRTH-ANNIVERSARY OF  
SAVITRIBAI PHULE -2024



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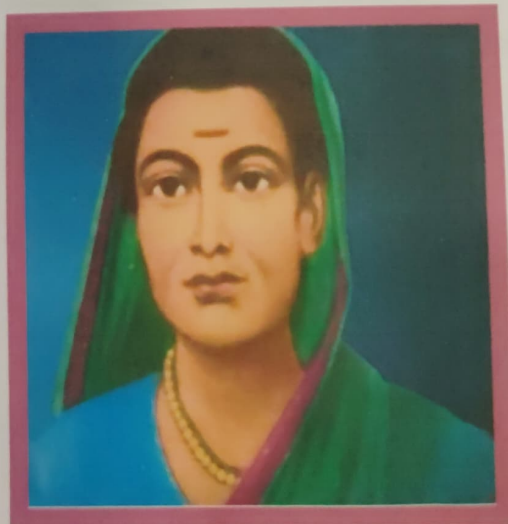
### Report on Birth Anniversary of Savitribai Phule 2023

1. Title of Activity	Birth Anniversary of Savitribai Phule -2024
2. Date of Activity	3 <sup>rd</sup> January 2024
3. Time	Sharp at 05:00 PM
4. Venue	Civil Seminar Hall JCOET Yavatmal.

Birth anniversary of Krantijyoti Savitribai Phule was celebrated on 3<sup>rd</sup> January, 2024 at Jagadambha College of Engineering & technology, Yavatmal with great enthusiasm. Principal Dr. H. M. Baradkar sir, all the HODs, teaching staff, non-teaching staff & the students of JCOET were present on this occasion. The frame of Krantijyoti Savitribai Phule, were garlanded by the Principal Sir.

Prof. P. S. Wankhede delivered a short speech narrating the outstanding work of Savitribai Phule, who was the first teacher of the Girls' school started in Pune by Mahatma Phule. She faced many problems, but she did her work with great devotion & determination. Savitribai Phule is the lady who transformed the history of women's rights in India. She was one of the very few Indian women from her century who comprehend the true sense of feminism and fought strongly for it. Through her rebellious life journey, she transformed the lives of countless Indians.

Dr. H. M. Baradkar Sir Principal JCOET Yavatmal expressed their views and said Savitribai Phule is the lady who transformed the history of women's rights in India. She was one of the very few Indian women from her century who comprehend the true sense of feminism and fought strongly for it. Through her rebellious life journey, she transformed the lives of countless Indians. The function ended with the National Anthem.



**Krantijyoti Savitribai Phule**





Photograph of Celebration

*Jankhade*

Coordinator

*W. Shole*

Principal

Jagadamba College of Engineering & Technology, Arni Road, Kinhi, Yavatmal



A  
Report on

AWARENESS PROGRAM ON  
WOMEN'S HEALTH RELATED ISSUES



**JAGADAMBHA**  
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Ph. 07232-244226, Fax : 07232- 244226, Cell : 98 5005 3333

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website : www.jcoet.org



## Report on Awareness Program Women's Health Related Issues

1. Title of Activity	Awareness Program on Women's Health Related Issues
2. Speaker	Dr. Neha Padole M.B.B.S.
3. Date of Activity	15th February 2024
4. Time	3.00 pm to 5.30 pm
5. Aim	Awareness of Women's Health related issues
6. Object of Activity	Women should be aware about Breast Cancer.
7. Venue	Civil Seminar Hall, JCOET, Yavatmal

### Introduction

On 12th February 2024, Jagadambha College of Engineering & Technology, Yavatmal, organized an Awareness Program on Women's Health. The event aimed to educate female students and staff about critical health issues, promote awareness about preventive measures, and encourage a proactive approach towards maintaining overall well-being.

### Objectives

- To raise awareness about common health challenges faced by women.
- To educate participants on the importance of early detection and preventive healthcare.
- To foster a supportive environment for discussing women's health-related concerns.

### Program Details

The program commenced at 11:00 AM with an inaugural address by the Principal of the college, who stressed the importance of health awareness for personal and professional growth. The Chief Guest, Dr. Neha Padole, a renowned gynecologist, delivered an insightful lecture on women's health.

### Participants:

- Female students and staff members of Jagadambha College of Engineering & Technology.
- Invited healthcare professionals.



## Activities Conducted:

1. **Expert Lecture:**
  - Dr. Neha Padole discussed various health issues such as menstrual hygiene, anemia, breast cancer awareness, and mental health.
  - Emphasis was placed on the importance of regular health check-ups and maintaining a balanced lifestyle.
2. **Interactive Q&A Session:**
  - Participants engaged actively in a question-and-answer session, addressing their concerns and seeking expert advice.
3. **Health Check-Up Camp:**
  - A free health check-up camp was organized for the attendees, including basic screenings and consultations.
4. **Distribution of Informative Material:**
  - Pamphlets and brochures on women's health issues and preventive tips were distributed.

## Outcomes

- Enhanced knowledge among participants about critical women's health issues.
- Increased awareness about the importance of early detection and prevention.
- Positive feedback from attendees about the relevance and impact of the program.

## Acknowledgments

We express our sincere gratitude to:

- Dr. Neha Padole for her valuable time and expertise.
- The management of Jagadambha College of Engineering & Technology for their support.
- All participants for their enthusiastic involvement.

## Conclusion

The Awareness Program on Women's Health was a step towards empowering women with the knowledge to prioritize their health. The college remains committed to organizing such initiatives to foster a healthier and more informed community.







Photographs of Awareness Program

*W. S. Prasad*  
Program Coordinator

*W. S. Prasad*  
Principal

Principal  
Jagadamba College of Engineering &  
Technology, Arni Road, Kinhi, Yavatmal

